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## Do you ever bother about friends\' opinion?

Posted by Jenson - 2008/02/21 05:59

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I have a group of friends who are very particular about their weight. We often exchange views and some of them commented that I'm slightly overweight. If you were to face same kind of situation, would you ignore them or believe their opinion?

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## Re:Do you ever bother about friends\' opinion?

Posted by Aspire7 - 2008/02/21 09:49

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Sometimes. But generally the one that matters most is my own wife. The constant nagging is terrible. I guess it's for my own good anyway :)

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## Re:Do you ever bother about friends\' opinion?

Posted by abby88 - 2008/06/03 19:59

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Everyone has got an opinion, if its the truth you cant really ignore them. People making fun of my weight was always my motivition to lose it in the end just to show them i could.:kiss:

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## Re:Do you ever bother about friends\' opinion?

Posted by carinna - 2008/07/28 06:19

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If they're your real friends you should listen. Friends will tell you what they think is good for you in an honest way. if they' just acquaintances, chances are they're putting you dont to feel better about themselves. Just learn to distinguish which one is which. Criticism, if constructive is a wonderful tool .

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## Re:Do you ever bother about friends\' opinion?

Posted by ellek - 2008/10/14 23:03

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Yeah. But I guess you only know if they are worth listening to. You see, I got a friend who loves to give advice. Only thing is that she doesn't know where to draw the line. I guess she is one of those people who just loves to offer advice on everything. I come to realize is that you need to take advice from friends you trust. Real close friends. Doesn't mean the friends who offer you advice that you don't listen to aren't your friends or something. Just listen to those who's opinions you really respect.

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