
Meanwhile from the Watch Tower...

Posted by Les - 2008/05/21 08:28

...I see a ball of dust from afar heading towards Sparta.
this individual I can't quite make out his features seems to be doing the jump knee tuck which he's alternating with the
Monster tires moves. He must be an Arcadian in the making.
Wait I think it's Iskarp
Addict get a Certificate ready.
Kenny get a Round 2 kit ready
I'll get the door

Sparta Bound!

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Re:Meanwhile from the Watch Tower...

Posted by Iskarp - 2008/05/21 09:06

Look at Les!!! Yes, get that certificate ready.... I did my last Kenpo today!! Final stretch week starts on Saturday!!!

See you in Sparta next Friday (May 30th).

I am going to work on the Super CardioX program spreadsheets on the plane out to Vegas tonight!! I hope to have it
published sometime this weekend or Monday at the latest.

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