
steroid \'s HELP !

Posted by saggygenius - 2008/02/19 23:38

Can anybody tell me some legal steroids that can be used for professional body builders .
i have heard that some of them aren't allowed in asian games & Olympics

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Re:steroid \'s HELP !

Posted by khairilhusni - 2008/02/19 23:48

Athletes, whether they are young or old, professional or amateur, are always looking to gain an advantage over their opponents. The desire for an "edge" exists in all sports, at all levels of play. Successful athletes rely on practice and hard work to increase their skill, speed, power, and ability. However, some athletes resort to drugs to improve their performance on the field or the court.

Most commonly, steroid use can be found among the following groups:

- * Athletes involved in sports that rely on strength and size, like football, wrestling, or baseball
 - * Endurance athletes, such as those involved in track-and-field and swimming
 - * Athletes involved in weight training or bodybuilding
 - * Anyone interested in building and defining muscles
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Re:steroid \'s HELP !

Posted by nuaeman - 2008/02/20 03:24

For not risky yourself better dont involve with any steroid because sometimes even the people who selling said it legal but we dont know the effect. So better dont.

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LIFE IS TOO SHORT TO BECOME SMALL GUY

Posted by indoroids - 2008/07/21 19:25

The main objective of all the Professional Bodybuilding Organizations is to make a profit. How is this done you ask? Easy. The unobtainable goal. The unobtainable goal is a goal that will never be reached and in this case it's massive freaky size. Oh you can make great gains in muscle mass but you will never be Dorian Yates. This is how it works. First you must know that the profit motivated Professional Bodybuilding Organizations run all the major contests (AKA Mr. Universe and Mr. Olympia), own all major bodybuilding publications, has a hand in the monstrous market of supplements, and all the top bodybuilders are contracted (anotherwards they are paid). The bodybuilders are juiced, they use more steroids and more pharmaceuticals than most small hospitals. So, the amateur bodybuilder watches the contests, buys all the magazines, follows all the workouts, spends a small fortune on supplements, and still makes only modest gains. The unassuming bodybuilder thinks something's wrong but believe me there's not. You CAN get big just not freaky like Dorian Yates or Ronnie Coleman. That way Professional Bodybuilding has everyone chasing the unobtainable goal as the Franchise sits on a big pile of cold hard cash.

The first non medical use of steroids was during World War II. Nazi doctors gave steroids to their soldiers in an attempt to make them more aggressive. The Soviet Union then decided to give steroids to their athletes. Once the U.S. learned the Soviet's secret, they also began giving steroids to their athletes, starting in the 1950's (Ribadeneira 3-9).

First time bodybuildingâ€™s world met anabolic steroids in the 1960s (called by some the â€˜Dianabol decadeâ€™), make any not just those who gifted with good genetic only, could become muscular and cut if they took enough steroids. Those who lacked the natural inclination to muscularity and the personal resolve to use steroids to increase their muscularity fell by the wayside. Those who used steroids were rewarded with major bodybuilding titles and the fame and fortune that went with them. Thatâ€™s the true fact for todayâ€™s bodybuilding world. Those who choose not to use steroids wonâ€™t be able to win the overall major bodybuilding titles, and only able to find themselves at winning â€˜Most Muscularâ€™ or â€˜Best Bodypartâ€™ or â€˜Natural Competitionâ€™ awards. Letâ€™s face the fact that today, bodybuilding went in a new direction to freakiness, especially when true genetic freak such as Arnold Schwarzenegger appeared on the scene. Today, physique was more regarded by the media than strength. Physique (bodybuilders) got more media coverage than strength (weightlifters).

Today, win at any cost became the battle cry of bodybuilders the world over. "It matters not whether you win or lose, but how you play the game," became a quaint out-of-time phrase. Being a good loser was no longer fashionable, and playing fairly by the "gentleman's" code of conduct was passe. Show me a good loser and I'll show you a loser !!

Today, unlike 1960s, a myriad of new steroids had become readily available " growth hormone, clenbuterol, thyroid, to name a few " that enabled virtually anyone to become ripped. Why do people automatically assume that taking steroids puts someone at risk? Why do they think steroids were invented in the first place? It was to help sick people, especially those suffering from starvation and anemia, wasting diseases such as Crohn's and Colitis, and burn and accident victims. Steroids are great healers of injuries and they help people to recover from surgery and the trauma of accidents. AIDS victims are living greatly enhanced lifestyles, and are being made healthier. As usual, the bodybuilders are far ahead of their time. Bodybuilders have been - and always will be - pioneers in the use of supplements and drugs.

The point of steroids is you must eat huge amounts of protein and train like Arnold Schwarzenegger in the gym. If you don't, you'll receive no results from the steroids, except for maybe a lighter wallet, they are very expensive. The best thing steroids can do is to help those who use them to recover from their workout much faster than a natural bodybuilder. Natural bodybuilders need at least 48 hours of rest before they train again in order to continue increasing their muscle body mass, unlike steroid users who need just a few hours (Klaus). The non-steroid users should not train more than 3-4 times per week, and every time we train we should not spend more than 1 hour in the gym. People that use steroids can easily train 6 times per week, splitting their sessions in the morning and afternoon training, as well as, they are able to spend easily 2 hours in the gym, getting stronger and bigger, week after week (Shepley 5-6). If a natural bodybuilder did that they would end up over-training and not get any results.

Don't limit what you can accomplish. The most often used excuse for achieving inferior results is that one "does not use drugs." Never use being drug free as part of your criteria when deciding if a body part is, you needs work longer/harder, sometimes with less result. Steroids and other drugs definitely give users an advantage. Steroids will overcome your limitation of genetic makeup to enable you to get big, ripped, strong, or all of the above

Natural bodybuilding contests have gotten very little coverage in the major bodybuilding magazines. Every lifter dreams of gracing the pages of the major muscles magazines or even becoming a bodybuilding star. This is difficult for any bodybuilder, but especially tough for naturals because a lot of bodybuilders will do anything to accomplish this dream even if it means taking drugs. Money talk.

The use of steroids is becoming more popular by the day. It's not just with bodybuilding where they are being used. You can find them in practically every sport out there. Bodybuilders are just more open about it and don't hide their heads in the sand like all the other sports do. If you think all the home runs that are being hit today is because pitching is poor, think again.

Too many people training in the gyms today never discover what they are truly capable of achieving naturally. Those who have open minded though, they immediately start using drugs because they firmly know it is impossible to build a truly great physique without them.

<http://www.anabolicsteroidsaccess.com/Sustanon-250.jpg>

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