
Hey Everyone

Posted by Coy G - 2008/05/12 21:45

Hey everyone! I've been reading these threads for some time now and decided to finally make an account. I'll be starting my p90x journey here within the next few days after I'm done moving and such. I'm really looking forward to getting started and I'll be sure to get some pictures asap!

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Re:Hey Everyone

Posted by Medikman - 2008/05/12 23:56

What day do you plan on starting? As long as the shipping doesn't get delayed I will be starting on Mon 19th. I have decided I am going to to the classic program. A lot of people on here seem to set their workouts together so they can motivate each other.

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Re:Hey Everyone

Posted by Coy G - 2008/05/13 13:38

Well I'm going to be going out of town a lot during the summer, so I'm trying to set it up so that my rest week will land perfectly to work with when I go out of town. I would like to start on a monday just to keep things simple and less complicated but I'll most likely be starting this thursday. i started my diet already so i could get into the swing of things and won't feel clueless when i start the actual work out.

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